

5th Grade Religious Ed Wednesday, February 15, 2012

Theme: Church's Year of Worship

Sarah Reinhard, Jessi Hannig, Ali Arend

I. 6:15-6:30 Welcome Sarah, Jessi, Ali

- Attendance

- Cell Phones

- Rosary

- Special items needed:

- Colored construction paper

- Staplers

- Markers

- Copies to make:

- Student worksheets for each student, front & back (last 2 pages of this document)

- Lent Pages - need 10 front & back copies for each student

II. 6:30 – 6:40 Opening Prayer Sarah

- Moment of silence to prepare our thoughts and minds for God.

- Our Father, Hail Mary, Glory Be

III. 6:40 – 6:45 Trivia Answers/Questions Sarah

- This week's trivia:

- What are the virtues that correspond to the 7 deadly sins?

HUMILITY (PRIDE)

Modest behavior, selflessness, giving respect

Thinking of yourself less (as opposed to thinking less of yourself)

Spirit of self-examination

TEMPERANCE (GLUTTONY)

Restraint, temperance, justice

Constant mindfulness of others and one's surroundings

Self-control, moderation

Balancing between self-interest and public-interest, against rights and needs of others

CHASTITY (LUST)

Embracing moral wholesomeness and achieving purity of thought

Refrain from distraction and influence by hostility, temptation, or corruption

Cleanliness through good health and hygiene, maintained by refraining from intoxicants

CHARITY (GREED)
Generosity, charity, self-sacrifice
Love - agape (much more than just benevolent giving)

DILIGENCE (SLOTH)
Zealous and careful nature in actions and work
Decisive work ethic, not giving up
Upholding convictions at all times (integrity)

PATIENCE (WRATH)
Resolving conflicts and injustice peacefully instead of through violence
Accepting the grace to forgive, showing mercy to sinners
Endurance through moderation

KINDNESS (ENVY)
Charity (caritas/agape), compassion, and friendship for its own sake
Empathy and trust without prejudice or resentment
Unselfish love and voluntary kindness without bias or spite
Positive outlook and cheerful demeanor

- Any new questions?

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- Next week's trivia:

- What are the Holy Days of Obligation in our Church year?

IV. 6:45-7:00 Liturgical Year Sarah

- Have you ever noticed patterns to our year within the Church?

- Discuss, make lists on the board

- Reference liturgical poster in room

- Discuss seasons: Advent, Christmas, Ordinary Time, Lent, Paschal Triduum, Easter, Ordinary Time

- Draw circle on board with reference points; see answer key to worksheet for simple sample

- Holy Days of Obligation, saint feast days, other special commemorations are throughout the year

V. 7:00-7:15 Lent Sarah

- Next Wednesday marks the beginning of a new liturgical season in our Church year. Anyone know what it is?
- Why do we observe Lent? Why is it important?
- Cover fasting and abstinence: who has to do it, why we do it, when and where
 - Fasting is for everyone 18 through 59 years.
 - People over 60 and children under 14, and pregnant and/or nursing women are not obligated to fast.
 - Fasting includes two small, light snacks and one full meal.
 - Abstinence means not eating meat and is for everyone 14 and older.
 - Ash Wednesday & Good Friday are both fasting AND abstinence.
- Discuss three pillars of Lent
 - Fasting
 - Almsgiving
 - Prayer
- Pass out Lent journals pages and colored paper, staplers, markers
 - Pick out a colored sheet of paper for the cover, staple them
 - Number the days of Lent (doesn't count Sundays)
 - Days 1-4 - Dates 2/22 (Ash Wednesday) through 2/25
 - Days 5-10 - Dates 2/27 through 3/3
 - Days 11-16 - Dates 3/5 through 3/10
 - Days 17-22 - Dates 3/12 through 3/17
 - Days 23-28 - Dates 3/19 through 3/24
 - Days 29-34 - Dates 3/26 through 3/31
 - Days 35-40 - Dates 4/2 through 4/6 (Good Friday)
 - Each day of Lent--not Sundays--spend time with the three pillars
 - Prayer: What prayer will you pray? Will it be the same every day? Will you write it yourself?
 - Fasting: What will you give up each day? Will you do something extra as a sacrifice to bless someone else? Will it be the same throughout Lent or will it change each week or each day?
 - Almsgiving: How will you give to help the poor and less fortunate? What will you sacrifice to benefit others?

7:20 - 7:25 Closing Prayer

Sarah

- Brief reflection on the Annunciation, on the power of saying Yes to God's will in our lives, even when it seems ridiculous or impossible
- Decade of the rosary, reflecting on the Annunciation, led by student volunteer

7:25 – 7:30 Clean-up & Dismissal

Sarah, Jessi, Ali

- Return Phones!!

5th Grade PSR - February 15, 2012

(ANSWER KEY - COPIES NOT NEEDED OF THIS PAGE)

Our topic tonight was THE CHURCH'S YEAR OF WORSHIP

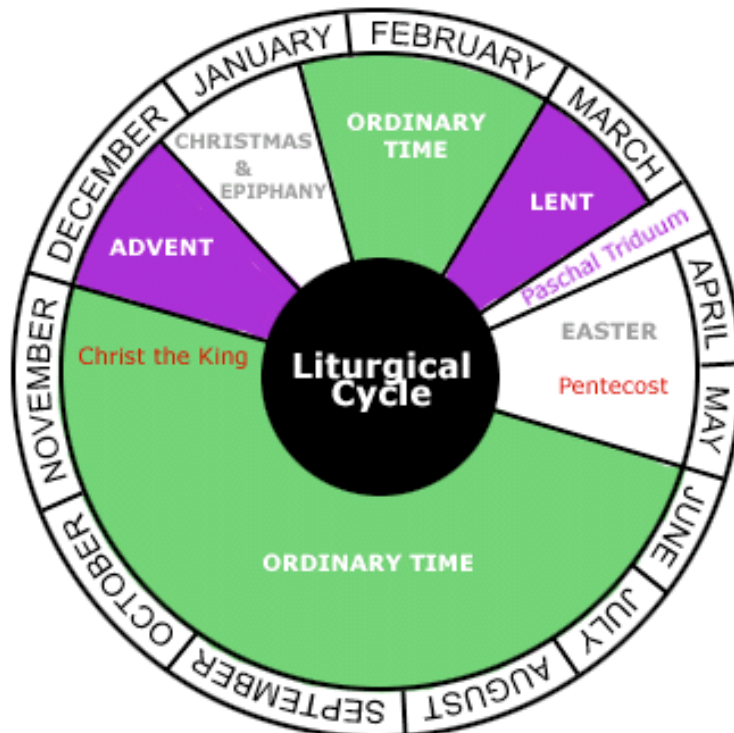
The trivia question was WHAT ARE THE VIRTUES THAT CORRESPOND TO THE 7 DEADLY SINS?

The answer was:

<u>CHASTITY</u>	<u>(LUST)</u>
<u>TEMPERANCE</u>	<u>(GLUTTONY)</u>
<u>LIBERALITY</u>	<u>(GREED)</u>
<u>DILIGENCE</u>	<u>(SLOTH)</u>
<u>MEEKNESS</u>	<u>(WRATH)</u>
<u>BROTHERLY LOVE</u>	<u>(ENVY)</u>
<u>HUMILITY</u>	<u>(PRIDE)</u>

Next week's trivia is WHAT ARE THE HOLY DAYS OF OBLIGATION IN OUR CHURCH YEAR?

Label the liturgical year below:



The season in our liturgical year coming up next is LENT and it begins with ASH WEDNESDAY

Fasting means EATING LESS, GIVING SOMETHING UP, 2 SNACKS AND ONE FULL MEAL

Abstinence means EATING NO MEAT

The three pillars of Lent are FASTING, PRAYER, and ALMSGIVING

5th Grade PSR - February 15, 2012 - *Bring this worksheet back next week for a prize*

Name _____

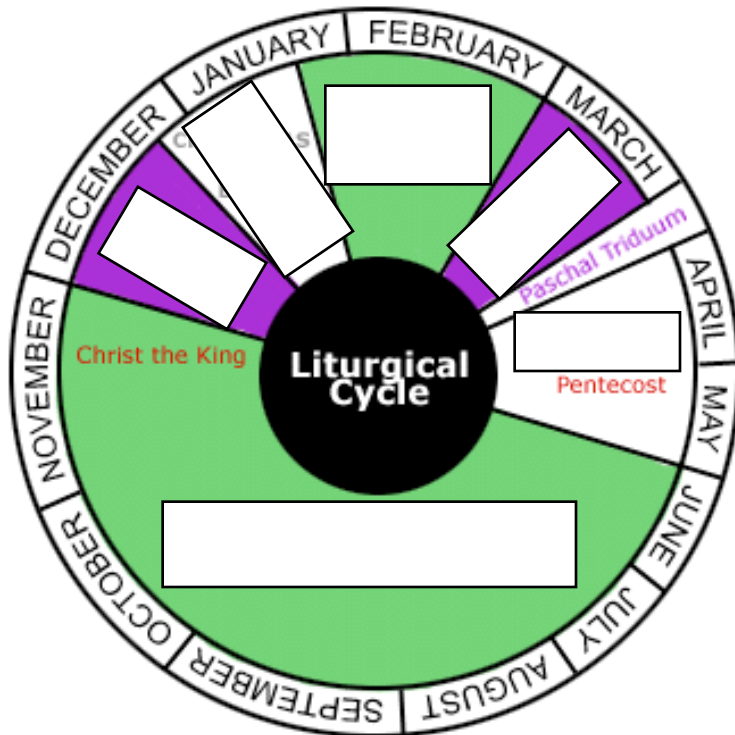
Our topic tonight was _____

The trivia question was _____

The answer was:

Next week's trivia is _____

Label the liturgical year below:



The season in our liturgical year coming up next is _____ and it begins with

Fasting means _____

Abstinence means _____

The three pillars of Lent are _____, _____, and

*Our PSR Class is online at snoringscholar.com/psr/ and on Facebook at
www.facebook.com/mrsreinhardpsr5*